

Office of The OG Skin Geek, Sandra Connell- Licensed Ethetician
251 Cajon St. Suite A1, Redlands, CA 92373 909.307.6007

Name:	Male	Female
Address:	Date:	
City	State	Zip
Home Phone	Cell Phone	Cell Carrier: Verizon, TMoble, Sprint, ATT Other:
Email	Birthdate	Occupation
Emergency Contact:	Emergency Phone:	
How did you hear about us?:		

Health History

Please CIRCLE all conditions that may apply to your current or past health:

- | | | | | | |
|---------------|--------------------|------------------|--------------------|------------------|-----------------|
| Acne | Depression/Anxiety | Skin Disease | Hysterectomy | Phlebitis | Thyroid Disease |
| Allergies | Diabetes | Headaches | Infections | PMS | TMJ |
| Arthritis | Digestive Problems | Heart Ailment | Insomnia | Poor Circulation | Ulcerated Colon |
| Asthma | Edema | High Blood Pres. | Kidney Aliment | Pregnancy | Varicose Veins |
| Blood Clots | Epilepsy | HIV/AIDS | Moles/Warts | Psoriasis | Cancer |
| Bruise Easily | Hormone Imbalance | Neck Pain | Traumatic Scarring | Kelliod Scarring | Chronic Pain |
| Fibromyalgia | Sensitive Skin | Osteoporosis | Other: _____ | | |

Please list **all allergies** (includes medications, foods, topicals):

List all current medications and supplements: _____

List all surgeries include month/year (as well as any surgical implants like, metal plates, screws, pacemakers): _____

Are you using any products/Prescriptions at home that contain: (please circle)

Retina A/ Any Form AHA Accutane Finacea Metro Gel/Cream Carac or Efudex

Any OTHER Prescriptions for cosmetic Treatment? : _____

Fitzpatrick Scale (This is a scale used to identify risk factors when treating your skin) You should fit in ONE category below. Please circle.

I	II	III	IV	V	VI
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White; very fair; freckles. Always burns, never tans	White; fair. Usually burns, tans with difficulty	Beige; very common. Sometimes mild burn, gradually tans to a light brown	Beige with a brown tint. Rarely burns, tans with ease to a moderate brown.	Dark brown. Very rarely burns, tans very easily	Black. Never burns, tans very easily, deeply pigmented.
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Glogau Scale (This scale identifies an aging category for you) Please circle the appropriate category:

I	II	III	IV
Mild Age 28-35	Moderate Age 35-50	Advanced Age 50-65	Severe Age 60 & up
No Wrinkles	Wrinkles only in motion	Wrinkles at rest	Wrinkles at all times

Your Current Skin Care Routine:

Product	Brand	How Often
Cleanser (w/ Clarisonic?)		
Eye Treatment (w/ an OPAL?)		
Scrub		
Mask		
At home peel solution		
Toner		
Mask		
Moisturizer		
SPF		

Skin Type Circle One: Sensitive/ Dry/ Oily/ Combination/ Severely Oily/ Acneic

Health Habits:

Exercise Type: _____ Frequency: _____

Which Eating Style do you follow: Healthy Low-Carb Anything goes!

Alcohol Consumption (how many drinks per week: _____ Glasses of Water Per Day: _____

Do you wear contacts? _____ Is it more comfortable to remove them prior to TX? _____

Female Clients:

Are you pregnant or trying to become pregnant? YES/ NO Do you take Birth Control Pills? Yes/No

Are you breast-feeding? Yes/No When was your last menstrual cycle? _____

Male Clients:

Do you wet shave, dry shave or use an electric razor? (Circle one)

Do you currently suffer from ingrown hair(s)? Yes/No

I understand that this intake form is used to help my practionisher understand my skin concerns and my health history. I will notify my Esthetician if I have any pain or discomfort during my treatment at the office of OG

Skin Geek. My skin care treatments here are not to be misconstrued as a substitute for medical examination, or diagnosis. I understand and confirm to the best of my knowledge, that the answers I have given are correct and I have not withheld any information in my health history. I agree to update the OG Skin Geek as to any changes in my health profile and understand there should be no liability on the practitioners' part should I forget to disclose.

Client Printed Name

Date

Client Signature

Staff Witness

Date

For Office use only:

Concerns:	Treatment Recommendations:	Prod.Samples/Recommendations:
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